

OFSAA Player / Team Eligibility

All teams must use only OFSAA eligible athletes in any competition during the school year or the school forfeits its right to participate in the OFSAA Championship/Festival for that sport.

ALPINE SKIING Co-educational	<ul style="list-style-type: none"> • OFSAA Co-educational Alpine Skiing is classified as a team sport. • To represent a school in any activity coordinated by the Federation, a school/team must conduct a 'bona fide' high school Alpine ski program consisting of a minimum of eight (8) school practice sessions of dry land and on-hill practices from November 1st until the OFSAA Championship, with a minimum of five (5) athletes participating, under the supervision of a teacher as certified by the school principal. There must be on-hill training with the school team. A ski race is not defined as a practice session. • A member of the current year provincial team is ineligible for OFSAA competition.
BADMINTON Co-educational	<ul style="list-style-type: none"> • A school/team must conduct a 'bona fide' high school program consisting of a minimum of ten (10) practices during a five (5) week period with a minimum of three (3) athletes participating, in the current season under the supervision of a teacher-coach as certified by the school principal. • A school must participate in the Association Championship or qualifying event and one (1) separate additional tournament.
BASEBALL Boys	<ul style="list-style-type: none"> • A school/team must conduct a 'bona fide' high school program consisting of a minimum of nine (9) practices during a three (3) week period in the current school year and under the supervision of a teacher as certified by the school principal • A school must participate in an Association-approved league if one is held ...or play a minimum of six (6) games. • No competitor is eligible for the OFSAA Baseball Championship if he has signed with a major league baseball team. Any high school team that includes said player on their eligibility sheet will forfeit all games in which the player's name appears on the game sheet.
BASKETBALL Boys Girls	<ul style="list-style-type: none"> • A school/team must conduct a 'bona fide' high school program consisting of thirteen (13) practices and eight (8) games during an eight (8) week period in the current school year under the supervision of a teacher as certified by the school principal
CROSS COUNTRY Co-educational	<ul style="list-style-type: none"> • Any athlete participating in the OFSAA Cross Country Championship must have participated as a member of a bona fide high school program during the current school season (Sept. - Nov.) in a minimum of Cross Country Practices (sixteen (16), at a location where the majority of their high school practices are held under the supervision of a teacher-coach as certified by the school principal. • This rule does not preclude the school and/or school coach from instituting more stringent guidelines.
CURLING Boys Girls	<ul style="list-style-type: none"> • Any athlete participating in an OFSAA Championship or an OFSAA qualifying event must have participated as a member of a bona fide high school program during the current season under the supervision of a teacher-coach as certified by the school principal. • A bona fide school curling program consists of eight (8) weekly practice/games minimum, under the supervision of a teacher-coach. • To be eligible for OFSAA competition, a team must consist of at least three (3) of the original team members who competed in the Association Championship.

FIELD HOCKEY Girls	<ul style="list-style-type: none"> A school/team must conduct a 'bona fide' high school program consisting of a minimum of six (6) regulation length games and/or two (2) separate tournaments during a seven week period from September to November, under the supervision of the teacher-coach as certified by the school principal.
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FIELD LACROSSE Boys	<ul style="list-style-type: none"> A school/team must conduct a 'bona fide' high school program consisting of a minimum of four (4) practices during a minimum four-week period under the supervision of a teacher-coach as certified by the school principal A school must participate in an Association-approved league if one is held. If there is no league, then the team must play six (6) regulation length games or two (2) separate tournaments games/competitions Any student who appears on a game sheet for a professional lacrosse game (MLL or NLL) is not eligible for participation at the OFSAA Lacrosse Festival.
FOOTBALL Boys	<ul style="list-style-type: none"> A school/team must conduct a 'bona fide' high school program consisting of three (3) practices ([on field or dry land] per week, or a minimum of two (2) practices per week if there is a school holiday) from September until the Bowl Games under the supervision of a teacher as certified by the school principal
GOLF Boys Girls	<ul style="list-style-type: none"> A school/team must have a 'bona fide school program consisting of a minimum of six (6) practices and/or competitions during a one (1) month period in the current school year, under the supervision of a teacher as certified by the school principal
GYMNASTICS	<ul style="list-style-type: none"> Any athlete participating in an OFSAA Festival or an OFSAA qualifying event must have participated as a member of a bona fide high school program during the current season under the supervision of a teacher-coach as certified by the school principal. A team must include non-current club competitors (i.e. may not be composed exclusively of current club competitors). A teacher-coach or teacher-supervisor from that school must be present at all locations where school team members are practicing as a team in a facility outside the school. At least one practice a week must occur in the school after January 1st with a teacher-coach or teacher-supervisor from that school present.
HOCKEY Boys	<ul style="list-style-type: none"> A school/team must conduct a 'bona fide' high school program consisting of at least one (1) practice each week (on ice or dry land training) or four (4) practices a month from December until the OFSAA Championship, under the supervision of a teacher as certified by the school principal No competitor is eligible for the OFSAA Hockey Championship whose name has appeared on a game sheet, and has dressed, after his association/school board first regular season game, for a team in "A", "B", "C", "D", Major Junior, Junior, Intermediate, Senior or GMHL divisions in any National and/or International Association, or any league deemed equivalent to "A", "B", "C", or "D". One exception to this rule: a Junior "C" or "D" team is allowed to AP a high school goalie to be called up in an emergency situation and appear on a game sheet and/or play up to a maximum of two exhibition/league and /or playoff games in total M-6 during the season after the Association's first regular season game.
HOCKEY Girls	<ul style="list-style-type: none"> A school/team must conduct a 'bona fide' high school program consisting of seven (7) practices over a 3 month period [dry land and ice] under the supervision of a teacher as certified by the school principal . To be considered a team eligible for OFSAA Girls' Hockey Championship play, a team must play in an Association approved league and play a minimum of a six

	<p>game schedule and/or participate in a minimum of six exhibition/tournament games.</p> <ul style="list-style-type: none"> No competitor is eligible for OFSAA-sanctioned events whose name has appeared on a game sheet, and has dressed, after December 1st for any Senior AAA teams of the CWHL, or who is a member of the National Junior under 22, National Junior under 18 or National Senior team.
NORDIC SKIING Co-educational	<ul style="list-style-type: none"> Any Nordic skier participating in an OFSAA Championship or an OFSAA qualifying event must have participated as a member of a bona fide high school program consisting of a minimum of four (4) student-athletes during their Nordic season (November-February), in a minimum number of twelve (12) practices with their high school team, under the supervision of a teacher-coach as certified by the school principal. In addition, athletes must represent their school in at least one Nordic ski race prior to the OFSAA qualifying event.
RUGBY Boys	<ul style="list-style-type: none"> A school/team must conduct a 'bona fide' high school program consisting of a minimum of fifteen (15) practices during a minimum one (1) month period during the current school year under the supervision of a teacher as certified by the school principal To be considered eligible for OFSAA Boys' Rugby, each team member must be a minimum of 16 years of age on the starting date of the championship in which the competition is held.
RUGBY Girls	<ul style="list-style-type: none"> A school/team must conduct a 'bona fide' high school program consisting of fifteen (15) practices, including eight (8) contact practices during a minimum 4-week period under the supervision of a teacher as certified by the school principal
SOCCER Boys Girls	<ul style="list-style-type: none"> A school/team, must conduct a bona fide high school soccer program consisting of eight (8) practices during a period of four (4) weeks under the supervision of a teacher as certified by the school principal
SWIMMING Co-educational	<ul style="list-style-type: none"> Team Eligibility-OFSAA Swimming is classified as a Team Sport. Only bona fide members of a school team which is coached by a staff member from that school may enter the OFSAA Championship. A school team is defined as a team composed of a minimum of six (6) members who train as a team for at least two (2) consecutive months from September to March involving at least two (2) pool practices per week under the direction of a coach. A coach is a teaching staff member of that school who is responsible for the team and is present at a majority of practices and all competitions. This may still allow for coaching assistance of a purely technical nature. A bona fide school team member is a student from that school who actively participates as a swimmer in the majority of practices of his/her school team. In the event of a lack of available pool time, a school can petition to be declared eligible under the signatures of the coach and principal. Attendance at ten (10) practices is to be verified by the completion of a practice eligibility form by the coach and principal. Para athletes with a S14 classification are permitted to compete until the age of 21 and shall be eligible for no more than seven (7) consecutive years from the date of entry into Grade 9.
SNOWBOARDING Co-educational	<ul style="list-style-type: none"> A school/team must conduct a 'bona fide' high school program consisting of a minimum of eight (8) school practice sessions (dry land and at least one (1) on-hill) and a minimum of 3-5 athletes from November 1st until the OFSAA Festival under the supervision of a teacher as certified by the school principal. There must be on-hill training with the school team.

TENNIS Co-educational	<ul style="list-style-type: none"> • A school team must conduct a bona fide high school program consisting of a minimum of six (6) practices during a one (1) month period in the current school year, under the supervision of a teach-coach as certified by the school principal.
TRACK AND FIELD Co-educational	<ul style="list-style-type: none"> • Any athlete participating in an OFSAA Championship or an OFSAA qualifying event must have participated as a member of a bona fide high school program during the school season (April to June), in a minimum number of practices (sixteen (16)), at a location where the majority of their high school practices are held under the supervision of a teacher as certified by the school principal. • Para athletes with a S14 classification are permitted to compete until the age of 21 and shall be eligible for no more than seven (7) consecutive years from the date of entry into Grade 9.
VOLLEYBALL Boys Girls	<ul style="list-style-type: none"> • A school team must conduct a bona fide high school program consisting of thirteen (13) practices over an eight (8) week period during the current school year under the supervision of a teach as certified by the school principal. • The team must participate in a minimum of eight (8) games.
WRESTLING Co-educational	<ul style="list-style-type: none"> • Any wrestler participating in an OFSAA Championship or OFSAA qualifying event, must have participated as a member of a bona fide high school wrestling program consisting of a minimum of twenty (20) practices during the current wrestling season, November to OFSAA entry deadline, with a minimum of four (4) athletes, under the supervision of a teacher-coach as certified by the school principal.